



Heartland Community College

Shelby Ison

## Survey Evaluation Results

Questionnaire: HLTH 118 61

Dear Shelby,

Beginning on the next page, you will find the evaluation results of the course Personal Health and Wellness.

The overall indicator for the scaled questions is listed first .

The overall indicator is followed by the individual average values of the scales. In the second part of the analysis the average values of all individual questions are listed. If you have any questions please contact your Dean or Instructional Chair.

Thank you for participating in the student evaluation process.

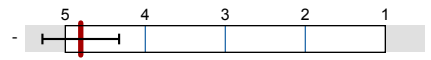
# Shelby Ison

Personal Health and Wellness (013164\_1475\_2203)  
No. of responses = 17



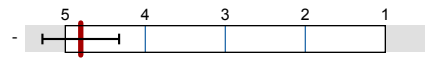
## Overall indicators

### Global Index



av.=4.81  
dev.=0.48

### 1. SCALED QUESTIONS: ( $\alpha = 0.97$ )

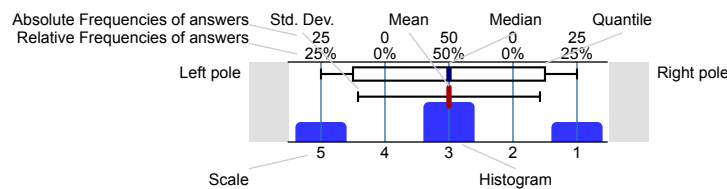


av.=4.81  
dev.=0.48

## Survey Results

### Legend

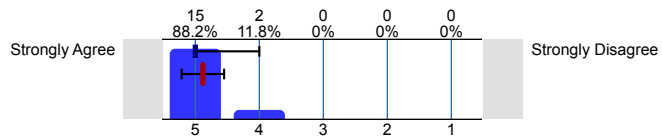
Question text



n=No. of responses  
av.=Mean  
md=Median  
dev.=Std. Dev.  
ab.=Abstention

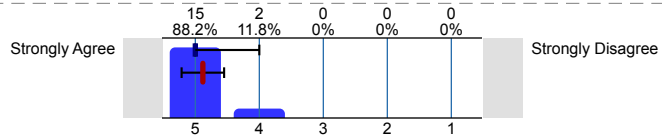
### 1. SCALED QUESTIONS:

1.1) My instructor encouraged an atmosphere of trust and mutual respect in the classroom.



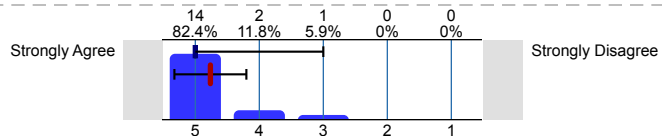
n=17  
av.=4.88  
md=5  
dev.=0.33

1.2) My instructor demonstrated enthusiasm about teaching this course.



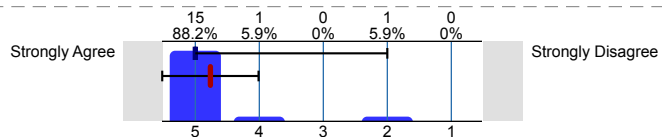
n=17  
av.=4.88  
md=5  
dev.=0.33

1.3) My instructor worked to instill confidence in my ability to succeed in this course.



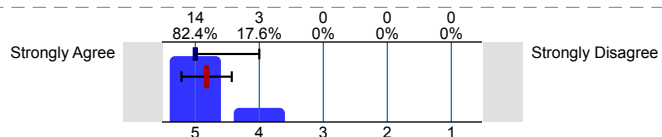
n=17  
av.=4.76  
md=5  
dev.=0.56

1.4) My instructor was knowledgeable about the subject matter.



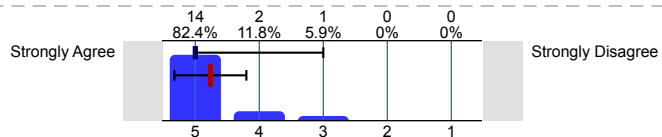
n=17  
av.=4.76  
md=5  
dev.=0.75

1.5) My instructor encouraged interaction and/or discussion during class.

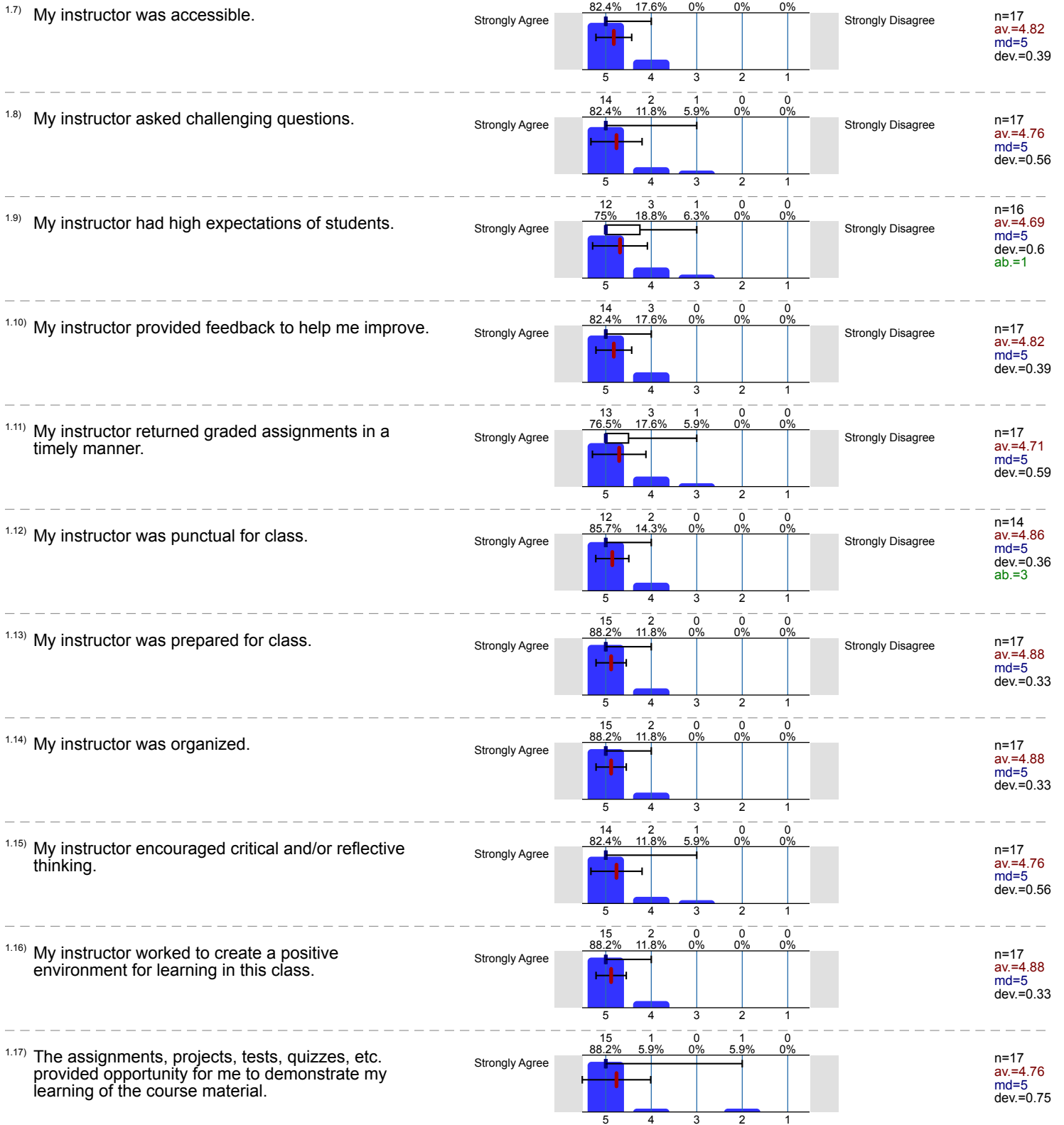


n=17  
av.=4.82  
md=5  
dev.=0.39

1.6) My instructor was approachable.



n=17  
av.=4.76  
md=5  
dev.=0.56



# Profile

Subunit: **HLTH**  
 Name of the instructor: **Shelby Ison**  
 Name of the course: **Personal Health and Wellness (013164\_1475\_2203)**  
 (Name of the survey)

Values used in the profile line: Mean

## 1. SCALED QUESTIONS:

Question ID	Question Text	Scale	Mean	Standard Deviation	n
1.1)	My instructor encouraged an atmosphere of trust and mutual respect in the classroom.	Strongly Agree to Strongly Disagree	4.88	0.33	17
1.2)	My instructor demonstrated enthusiasm about teaching this course.	Strongly Agree to Strongly Disagree	4.88	0.33	17
1.3)	My instructor worked to instill confidence in my ability to succeed in this course.	Strongly Agree to Strongly Disagree	4.76	0.56	17
1.4)	My instructor was knowledgeable about the subject matter.	Strongly Agree to Strongly Disagree	4.76	0.75	17
1.5)	My instructor encouraged interaction and/or discussion during class.	Strongly Agree to Strongly Disagree	4.82	0.39	17
1.6)	My instructor was approachable.	Strongly Agree to Strongly Disagree	4.76	0.56	17
1.7)	My instructor was accessible.	Strongly Agree to Strongly Disagree	4.82	0.39	17
1.8)	My instructor asked challenging questions.	Strongly Agree to Strongly Disagree	4.76	0.56	17
1.9)	My instructor had high expectations of students.	Strongly Agree to Strongly Disagree	4.69	0.60	16
1.10)	My instructor provided feedback to help me improve.	Strongly Agree to Strongly Disagree	4.82	0.39	17
1.11)	My instructor returned graded assignments in a timely manner.	Strongly Agree to Strongly Disagree	4.71	0.59	17
1.12)	My instructor was punctual for class.	Strongly Agree to Strongly Disagree	4.86	0.36	14
1.13)	My instructor was prepared for class.	Strongly Agree to Strongly Disagree	4.88	0.33	17
1.14)	My instructor was organized.	Strongly Agree to Strongly Disagree	4.88	0.33	17
1.15)	My instructor encouraged critical and/or reflective thinking.	Strongly Agree to Strongly Disagree	4.76	0.56	17
1.16)	My instructor worked to create a positive environment for learning in this class.	Strongly Agree to Strongly Disagree	4.88	0.33	17
1.17)	The assignments, projects, tests, quizzes, etc. provided opportunity for me to demonstrate my learning of the course material.	Strongly Agree to Strongly Disagree	4.76	0.75	17

# Profile Line for Indicators

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Subunit: HLTH  
Name of the instructor: Shelby Ison  
Name of the course: Personal Health and Wellness (013164\_1475\_2203)  
(Name of the survey)

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1. SCALED QUESTIONS:



av.=4.81

dev.=0.48

## Comments Report

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### 2. OPEN ENDED QUESTIONS:

2.1) What suggestions would you offer to the instructor to improve the course?

- .
- Absolutely none. Ms. Ison was really supportive of all the different opinions of her students
- I do not have any suggestions to improve this course
- I personally liked the class
- I think she did a wonderful job. Very informative on the subjects we talked about and was very helpful when it came to questions.
- I would personally reflect on some of the test questions because some of them do not relate to today's society emotional and physical needs.
- More videos with quiz , I really liked those and it makes you pay attention to the material.
- My only recommendation is make the weekly videos a little bit shorter. I appreciate the verbal/visual aspects they provide when we are mainly digital but I feel like personally they could be more of just a summary of the week leading into material. With that being said, I really did appreciate the weekly updates/explanation of what we are doing for the week.
- N/A
- N/A I really enjoyed this class, I wish I could've taken it in-person that's all.
- None. I thought she was fantastic and very knowledgeable about health.
- Provide some extra outside sources for students to look at or go to for extra information about topics.
- n/a

2.2) What was/were your reason(s) for enrolling in this class?

- .
- Credit for nursing school
- Credits
- I appreciate learning about health and the various ways I can improve the methods in which I take care of my mind and body.
- I enrolled in this class because I needed more credits to get my associate's.
- I needed an elective to fulfill my associates requirements and this class was able to stay within my major and provide the credit. I am glad I took this class, it was very enjoyable!
- I needed to fill some boxes to finish my degree.
- I want to finish my degree
- I want to study something related to wellness
- I'm interested in the basics of law.
- Interest in my personal health and wellness.
- It was a good elective for me to take. I enjoy learning about health and wellness.
- Learning about wellness in myself.
- Needed it for my general studies.

2.3) Please list any additional comments.

- .
- Great professor
- I am glad I took this class. I really enjoyed it and never dreaded having to listen to the lectures because 1) you made it interesting and 2) having us fill in the slides during the lecture helped me not only learn more but kept me engaged. I definitely have learned things from your class.
- I personally hated the Edpuzzles. They were long and weren't totally up to date with today's society. Also missing one question takes you from an A to easily a low C and you can't correct it which I believe is a bit unfair.
- I really liked how the professor explains the class. I also liked the lgtbi and the black lives matter flag that you put in canvas in the first page.
- I was super impressed with the way Ms. Ison set the course up. It was VERY organized and I really appreciated that. Everything was easy to understand. It was also challenging in a way that I feel I will be moving on with new knowledge and understanding of personal wellness. I loved the podcast discussions and being able to communicate with my classmates even though it was online. It made it feel way more personal. Ms. Ison was also super easy to approach and was very enthusiastic about this course and teaching it. I enjoy the classes I have where the professors clearly enjoy what they are teaching and I love how Ms. Ison displays that enthusiasm. My only complaint is that I wasn't in person for this class! I feel as if Ms. Ison would be a wonderful in-person professor to work with! Thank you Ms. Ison!
- Ms. Ison was a great teacher this semester. She was always excited to do the videos. She was always positive. She would give great feedback. Always able to answer questions if need be. I will honestly miss her as an instructor!
- Shelby is great! Very approachable and helpful. I really enjoyed this class
- Thank you for a great semester.
- Thank you for showing such passion in helping people learn how to better their health both physically and mentally. I believe this class is incredibly important, and I thank you tremendously for allowing us as your students to gain some of the knowledge you have accumulated.
- Thank you so much for all of the information you provided! You are an amazing teacher and I loved being apart of your class.